

Arugula garden



Description

A member of the Brassicaceae family, arugula garden is distinguished by its easily recognizable bitter taste.

Arugula garden is eaten mainly raw, in salads, where its slightly pungent flavor stands out.

Watering



Water regularly to keep the soil moist.



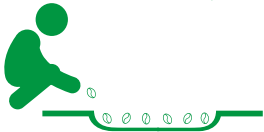
Do not wet the foliage to protect the plant from pests.

Sowing

1



Sow in rows: dig furrows 1 to 2 cm deep, 25 cm apart. Place seeds and cover with soil. Water in fine rain.



2



As soon as 4-5 leaves appear, keep only the most vigorous plants.

Maintenance

Weeding and hoe regularly to limit weeds and the arrival of certain pests.

If the presence of snails or slugs is too great, a net can be installed.

Mulching will reduce the frequency of watering.

Harvest



Harvesting takes place around 2 months after sowing, as and when required.

Cut the leaves with a knife, above the collar. This will produce new shoots for the next harvest.

Tips

A number of plants can be combined with arugula garden to protect it from pests and ensure their growth: aromatics with sage, but also beet, radish and potato.

Companion plants ✓



To avoid ✗

