

Cowpea



Description

Belonging to the Fabaceae family, this vegetable is used in many recipes, mainly as a grain or puree.

Beware: depending on the variety, peas can grow impressively, with plants reaching up to 2m in height!

Watering



Water regularly to keep the soil moist.

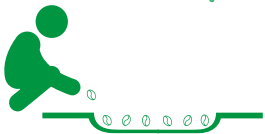


Sowing

1



Sow in rows: dig furrows 5 cm deep, 50 cm apart. Place seeds and cover with soil. Water in fine rain.



2



As soon as 4-5 leaves appear, keep only the most vigorous plants.

Harvest



Harvesting takes place around 2 to 4 months after sowing.

Cowpeas are harvested when the pods are still green and full, or a little later to obtain tender, sweeter seeds.

Maintenance

Weeding and hoe regularly to limit weeds.

Stake your crop about 3 weeks after seedling emergence.

Mulching will reduce the frequency of watering.

Tips

A number of plants can be combined with cowpeas to protect them from pests and ensure their growth: radish, potato, carrot, turnip or celery.

Companion plants ✓



To avoid ✗

