

Black nightshade



Description

This variety of herbaceous plant produces abundant leaves that are eaten in salads or cooked with meat or broth.

It tolerates heat but can be grown all year round, in both dry and wet seasons.

It adapts to all types of soil, but appreciates organic amendments.

Watering



Water regularly to keep the soil moist.



Sowing

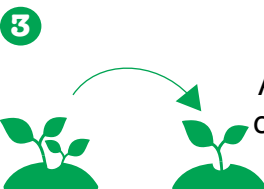


1 Sow in pots or nurseries, in the sun. Place a few seeds, spacing them well apart. Cover with potting soil. Water in fine rain.



2 As soon as the plants have 5-6 leaves, transplant them into the ground or into a larger container. Water in fine rain.

Maintenance



3 After transplanting, keep only the most vigorous plants, spacing them 40 cm apart.

Place a stake next to each plant and tie the stem to it, to encourage growth.

Harvest



About 1 month after planting, the leaves can be harvested, as and when required.

Depending on the desired taste, harvest nightshade berries earlier or later.

Tips

Other plants can be combined with black nightshade to protect it from pests and guarantee its growth: there are no known contraindications for planting other vegetable plants. Just avoid plants that could cast shade during cultivation.