

Lamb's lettuce



Description

Lamb's lettuce can be recognized by its dark green leaves and a rather pronounced taste.

Like lettuce, lamb's lettuce brings freshness to our plates. It also has many benefits, including a high in vitamins and minerals.

Watering



Water regularly to keep the soil moist.



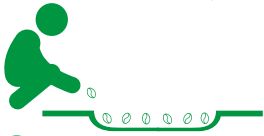
Do not wet the foliage to protect the plant from pests.

Sowing

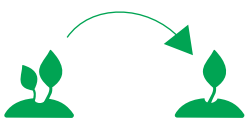
1



Sow in rows: dig furrows 1 to 2 cm deep, 25 cm apart. Place seeds and cover with soil. Water in fine rain.



2



As soon as 4-5 leaves appear, keep only the most vigorous plants.

Maintenance

Weeding and hoe regularly to limit weeds and the arrival of certain pests.

If the presence of snails or slugs is too great, a net can be installed.

Mulching will reduce the frequency of watering.

Harvest



Harvesting takes place around 2 to 3 months after sowing, as and when required.

The lamb's lettuce should be green and well-formed before cutting with a knife above the roots. This cut will produce new shoots for the next harvest.

Conseils

A number of plants can be combined with lamb's lettuces to protect them from pests and ensure their growth: leeks, celery, onions and carrots.

Companion plants ✓



To avoid ✗

