

# **Cabbages**

#### **Description**

From cauliflower and broccoli to red, kale and chinese cabbage, there are so many varieties to choose from!

But beware: cabbages are particularly sensitive during cultivation, and can fall victim to numerous pests. So it's important to sow in larger quantities than desired, to anticipate potential losses.



### Watering



Water regularly to keep the soil moist.



# Sowing



Sow in pots or nurseries, in the sun. Place a few seeds, spacing them well apart. Cover with potting soil. Water in fine rain.



As soon as the plants have 5-6 leaves, transplant them into the ground or into a larger container. Water in fine rain.

#### Harvest



Between 4 and 9 months after sowing, cabbages can be harvested, depending on the variety.

#### **Maintenance**



After transplanting, keep only only the most vigorous plants, spacing them 10 cm apart.

Weeding and hoe regularly to limit weeds.

Insect netting can be installed to protect cabbages from external pests.

# Tips

A number of plants can be combined with cabbages to protect them from pests and ensure their growth: tomatoes, beet, beans and peas.

Companion plants



