

# Toothache plant



## Description

Toothache plant is a species of herbaceous plant that produces oval leaves with a pungent, peppery flavor. They are generally eaten in salads or cooked.

This variety tolerates heat and can be grown in both wet and dry seasons. It adapts to all types of soil, but appreciates organic fertilizers.

## Watering



Water regularly to keep the soil moist.

## Sowing

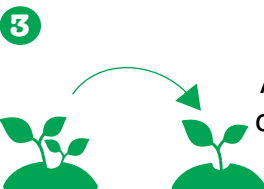


1 Sow in pots or nurseries, in the sun. Place a few seeds, spacing them well apart. Cover with potting soil. Water in fine rain.



2 As soon as the plants have 5-6 leaves, transplant them into the ground or into a larger container. Water in fine rain.

## Maintenance



3 After transplanting, keep only the most vigorous plants, spacing them 30 cm apart.

Mulching will reduce the frequency of watering.

## Harvest



About 1 month after planting, the leaves can be harvested.

## Tips

Other plants can be combined with toothache plant to protect it from pests and guarantee its growth: there are no known contraindications for planting other vegetable plants. Just avoid plants that could cast shade during cultivation.